

# Instructions for use

## LGO-Infinity Side Fiber

### 1. Device description

The medical device LGO-Infinity Side Fiber is a medical grade optical fiber probe for application in various fields of laser surgery, as described in section 1.1. This is an EO-sterilized single-use device for transmission of laser radiation which is emitted laterally at the optical fiber probe's distal end. For this purpose, the distal end is equipped with a cap made from quartz glass. The proximal end of this optical fiber probe is equipped with the connector for connecting the optical fiber probe to a suitable medical laser device. The optical fiber probe is shown schematically in Figure 1:

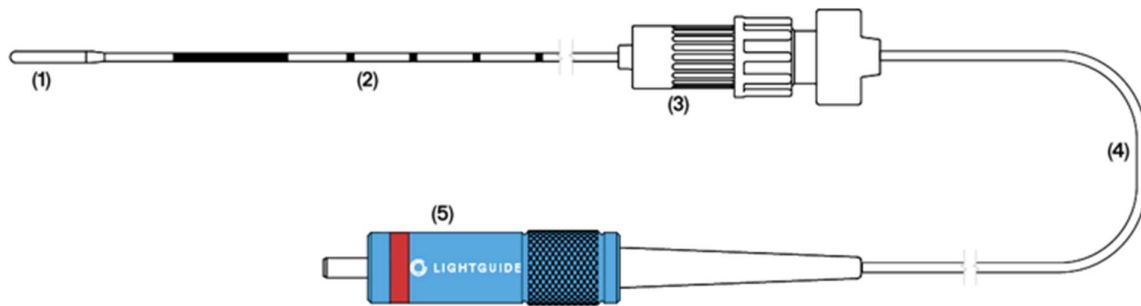








Figure 1 LGO-Infinity Side Fiber

(1) Distal end (cap); (2) Optional fiber marking; (3) Optional luer lock adapter; (4) Optical fiber; (5) Connector

The following variations of LGO-Infinity Side Fiber are available:

Variation	Light emission profile	Tip shape
LGO-Infinity Side Fiber	cylindrical 360° all around, approx. 4 mm long 	diameter 1.3 mm to 1.8 mm (depending on variant), rounded 
LGO-Infinity Fistula Probe	cylindrical 360° all around, approx. 4 mm long 	diameter 1.6 mm, rounded 
LGO-Infinity Hemorrhoid Probe	cylindrical and conical 360° all around, approx. 4 mm long 	diameter 1.8 mm, conical 

#### 1.1. Intended purpose and indications

The intended purpose of the LGO-Infinity Side Fiber is to deliver laser energy from a source to the treatment site in laser surgery application.

These optical fiber probes are indicated in laser surgery application of different disciplines in minimally invasive soft tissue surgery, such as phlebology or proctology.

### 1.2. Contra-Indications

The instructions for use of the medical laser device and the corresponding specialist medical literature should be considered for a full outline of contra-indications of the laser surgery or the use of an optical fiber probe as beam delivery system.

### 1.3. Patient population

No limitations on the target population apply. User should follow clinical guidelines of the treatment.

### 1.4. Users

In order to ensure correct and safe handling, the device may only be utilized by physicians being familiar with the handling of medical laser devices, and with the therapeutic application of sterile medical optical fiber probes.

The current clinical specialist guidelines should be followed, in particular for the selection of the source of laser radiation and laser power. Any off-label use of the LGO-Infinity Side Fiber is fully under the user's responsibility.

By all means the technical device's compatibility aspects (section 2.1.) must be respected.

### 1.5. Exclusions

Applications at the central nervous system and the central circulatory system are not allowed.

The use of the optical fiber probe in the vicinity of brackets or implants is not allowed because there is the risk of heating and destruction.

### 1.6. Potential risks associated with the application

The instructions for use of the medical laser device and the corresponding specialist medical literature should be referred to for a full outline of possible side effects. Possible side effects depend on the medical discipline in which this device is used in. Side effects can be but are not limited to: bruising / ecchymosis / hematoma, paresthesia, thrombosis, pulmonary embolism, induration, burn / necrosis, formation of edema, phlebitis, bleeding, itching, perianal thrombosis, urinary retention, abscess formation, major forms of incontinence, or anismus.

## 2. Application and safety rules

Prior to the start of the laser treatment, all necessary instructions for use of the utilized equipment must be read and fully understood. In the case of doubt, please contact your technical service or supplier and dispense with the use until the doubts have been dispelled.

### 2.1. Compatibility check

The compatibility of the LGO-Infinity Side Fiber with the laser device must be checked. Information is provided on the device label (see Figure 2). If the manufacturer of the laser device offers the LGO-Infinity Side Fiber as a genuine accessory, the compatibility test with the laser device has already been performed and does not need to be performed again.

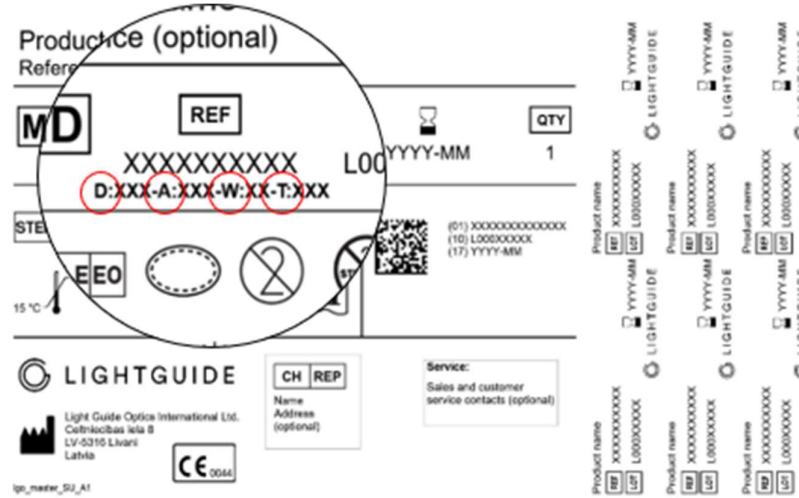


Figure 2 Compatibility code on the device label

#### D parameter - Beam diameter

The laser device in use must not have a beam diameter larger than the core diameter of the optical fiber. The core diameter of the optical fiber is given in units of microns.

#### A parameter - Numerical Aperture

The numerical aperture (NA) of the laser device in use must not exceed the value of parameter “A”.

#### W parameter - Wavelength

The wavelength range of the optical fiber is specified in the label:

- UV: 200 - 1000 nm
- IR: 400 - 2200 nm

#### T parameter - Type of connector

Verify that the port of laser device is compatible with the connector of the optical fiber probe. Mind the Instructions for Use of the laser device, which may specify further requirements on the optical fiber probe.

The connector type of the optical fiber is given in the label as parameter T. Examples are:

- SMA: SMA-905 connector (IEC 60874-2)
- SC: SC connector (IEC 61754-4)
- NC: A proprietary connector (matches only selected laser devices marked as such)
- CC: Customer connector (matches only selected laser devices)

#### Maximum Power

The maximum laser power setting for all product variations is 10 W.

*In the case of doubt, your technical service or supplier should be contacted and the treatment dispensed until the problem has been solved fully.*

## 2.2. Precautions



The sterile packaging should be checked for integrity. The device should not be used if the packaging is damaged or unintentionally opened before use.

The device should be removed from the sterile packaging and optional tray with special care to avoid damage of the device.



The handling of medical optical fiber probes requires an enhanced care. The optical fiber probes could be damaged by stresses, impacts or high-grade torsions. Such damages impact the functionality and/ or appropriate operation/ treatment.

The optical fiber probes must never be bent too tightly during the procedure:

Core diameter	Allowed bend radius
$\leq 400 \mu\text{m}$	$\geq 21 \text{ mm}$
$\leq 600 \mu\text{m}$	$\geq 31 \text{ mm}$

When the device will be used in conjunction with an introducer sheath, a cannula, a handpiece, or an endoscopic instrument the diameter of its working channel must be chosen such that the optical fiber probe can be smoothly inserted into the working channel.



The general instructions and information regarding a safe handling with laser radiation have to be followed (including eye protection, according to the selected laser wavelength and power). Safety relevant information has to be extracted from the labelling and the instructions for use of the medical laser device.



Special attention should be paid to the cleanliness of the connector and the integrity of the distal end. The device must not be used if any part of the device is damaged or broken.



After connection to the laser device the aiming beam must be visible as laterally emitted light. The specific light emission pattern (see Section 1) must be visible. There must not be light leakage in any other part of the device. If these conditions are not fulfilled, the device shall not be used.

The LGO-Infinity Side Fibers may not be operated exposed to air.

Overheating of the quartz glass cap at the tip of the optical fiber probe is to be prevented:

- the laser power has to be selected appropriately,
- when the laser device is active, the optical fiber probe's tip should always be kept in steady motion in the target tissue.

### 2.3. Application guidelines

Depending on the specific application it is indicated to use the LGO-Infinity Side Fiber in conjunction with an introducer sheath, a cannula, a handpiece, or an endoscopic instrument to safely position the tip of the optical fiber probe, hence the laser beam. Details for safe positioning of the tip of the optical fiber probe are provided in Section 3. In cases when the tip of the optical fiber probe is not visible, the aiming beam and the tissue to be treated should always be monitored in order to be able to track the effect of the laser radiation. Imaging techniques such as ultrasound should be used for applications in soft tissue when the optical fiber probe's tip cannot be observed visually to ensure correct positioning and alignment towards the target tissue. Depending on the indication an endoscopic instrument should be used to maintain continuous irrigation and clear view of the tissue to be treated.

Typical treatment parameters and laser settings depend on the individual case. The specialist medical literature should be consulted. For direct tissue contact, typical recommended powers are 3 W to 10 W, depending on the laser wavelength used and the associated laser-tissue interaction.

The treatment should always start with low power and the laser settings should be adjusted depending on the course of the treatment while observing the effects on the tissue.

Tissue adhesion reduces the amount of laser power which is available for the treatment and causes the probe to heat up, leading to wear of the quartz glass cap. To remove adhered tissues from the tip of optical fiber probe, the optical fiber probe should be carefully pulled out of the body, and after cooling down of the optical fiber probe tissue could be removed by carefully rubbing of the tissue with a sterile moist swab.







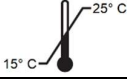









Laser pyrolysis products (gas, steam, particles, infectious aerosols, etc.), which are created during the treatment, should be removed using a suction system above the treatment area.

The laser treatment should be limited to a period of time that is strictly necessary for the therapeutic effect.

Information on patient care and follow-up resulting from literature must be observed in order to avert or minimize unwanted side effects of laser treatment.

After the treatment the optical fiber probe must be inspected for damage particularly at the quartz glass cap of the distal end. In the unlikely event of any component breaking off the optical fiber probe and remaining in the body (or if this is considered possible) respective clinical measures should be taken.

2.4. Symbol explanation

	Indicates the device is a medical device.
	Indicates the device's catalogue number.
	Manufacturer: Indicates the manufacturer of the medical device according to directive 93/42/EEC and regulation 2017/745/EU.
	Expiration date: Indicates the date after which the medical device must not be used.
	Batch code: Indicates the manufacturer's batch code so that the batch or lot can be identified.
	The device must be stored in a dry place.
	The device must be stored at the given temperature range.
	Indicates a medical device that needs protection from light sources.
	The device has been sterilized with ethylene oxide (EO).
	Indicates a single sterile barrier system with protective packaging inside.
	Indicates a single sterile barrier system.
	Mind the instructions. It is necessary for the user to consult the instructions for use prior to use.
	Prior to use check the packaging for damage. The medical device should not be used if the packaging is damaged or unintentionally opened before use.
	Do not reuse. This device is intended for use with a single patient during a single treatment. Sterility and function cannot be guaranteed for reuse.
	Indicates a medical device that is not to be re-sterilized.
 (optional)	Indicates the entity distributing the medical device into the locale (Distributor).

### 3. Application of the LGO-Infinity Side Fiber with an Introducer Set or other cannulas and instruments

During application of the LGO-Infinity Side Fiber with an Introducer Set, cannulas and instruments the user must ensure that the quartz glass cap of the optical fiber probe's distal end fits through the working channel smoothly and always protrudes completely during the treatment.

For some variations of LGO-Infinity Side Fiber a suitable Introducer Set is available from LIGHTGUIDE. In this combination, a dedicated marker (long solid bar) will appear on the proximal side of the catheter sheath when leaving about 20 mm of space at the tip and indicating that the catheter must be removed before continuing. The final long solid bar marker indicates that the fiber tip approaches the surface and laser emission must be stopped (see Figure 3).

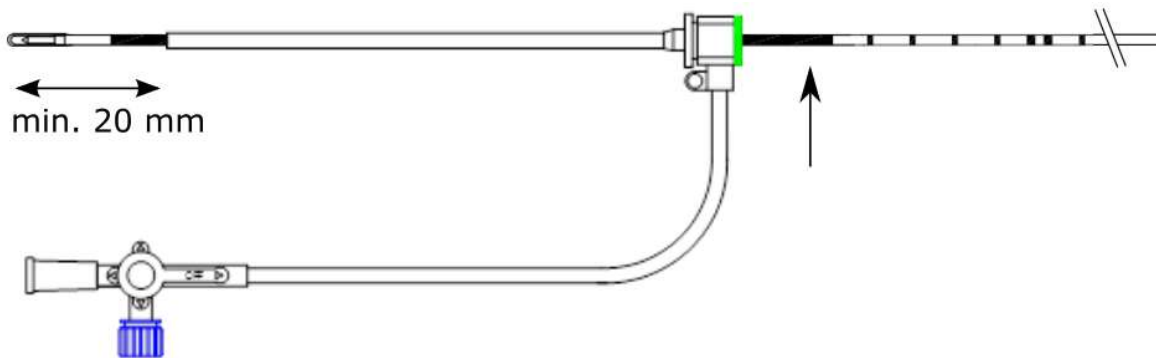


Figure 3 Positioning of the optical fiber probe in an Introducer

For the use of the LGO-Infinity Side Fiber in cannulas, marking lines are applied at intervals of 5 mm and 10 mm (see Figure 4). Prior to treatment the user should get familiar with the selected cannula for safe removal of the cannula.

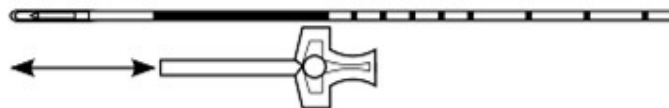


Figure 4 Positioning of optical fiber probe in a cannula

LGO-Infinity Hemorrhoid Probe has a squeeze Luer Lock adapters which can be used for fixing the optical fiber probe to a handpiece or accessory. Prior to the treatment the user should get familiar with the instrument and the position of the optical fiber probe inside it.

### 4. Disposal

The use of the medical device may result in biological risk. Medical devices have to be used and disposed of in accordance with local legal regulations and accepted practice.

### 5. Complaints

In an unlikely situation of a failure of the device resulting in serious incident, an incident report should be sent to Light Guide Optics Sales and Customer Service. If necessary, our complaint submission template is available at <https://www.lightguide.com/forms/>.

## 6. Disclaimer

Light Guide Optics International Ltd does not accept any reliability for personal injuries as well as for damages of the medical laser device due to an inappropriate handling and storage of the optical fiber probe.

Light Guide Optics International Ltd cannot be held responsible for indirect damages or consequential damages, losses and expenses with respect to a direct or indirect application of the medical device.

Light Guide Optics International Ltd does not accept any responsibility neither in terms of the application of the device nor in terms of possible side effects of the medical laser treatment with the optical fiber probe.



Light Guide Optics International Ltd.  
Celtņiecības iela 8  
LV-5316 Livani,  
Latvia  
[www.lightguide.com](http://www.lightguide.com)

Light Guide Optics Sales and Customer Service:  
LightGuideOptics Germany GmbH  
Tel. +49 2225 70953 0  
Fax +49 2225 70953 20  
E-Mail: [info@lightguide.de](mailto:info@lightguide.de)  
Release of this version on: 2023-05-31